



Coalition for Immigrant Mental Health

***COALITION FOR IMMIGRANT MENTAL HEALTH
2020 CONVENING SERIES***

November 13, 2020

Restorative Action: Community Wellness and Healing

Our guest speaker will be Pulitzer Prize journalist **Jose Antonio Vargas**. He will be speaking about community wellness and mental health from his perspective as an undocumented immigrant, including his immigrant and racial justice work within his culture change organization: Define American.

Agenda

10:50am-11am

Join the waiting room and greet each other

11:00am-11:05am:

Welcome: Ané Mariñez-Lora, PhD.

Research Assistant Professor

University of Chicago School of Social Service Administration

Chair, Coalition Convening Planning Workgroup

11:05am – 12: 05am

Panel Discussion

(Brief introduction of Guest Speaker)

Jose Antonio Vargas

Pulitzer Prize-winning journalist, Emmy-nominated filmmaker,
and Tony-nominated producer

Founder of Define American

Moderators

Maria J. Ferrera, PhD, LCSW, Associate Professor at DePaul University, The
Department of Social Work; Coalition Co-chair and Co-founding Member.

Daysi Diaz-Strong, PhD, Assistant Professor, Jane Addams College of Social Work
at the University of Illinois Chicago; Coalition member.

12:10 pm-12:30pm

Wrap-up Mindfulness Activity: Aligning Your Inner Self

Christina E. Fontenelle, MAAT, CCTP

Mental Health Trauma Consultant

Founder & CEO of Fontenelle Art, LLC

On your own:

Please complete Convening evaluations through REDCAP

Follow-up email with virtual swag bag and link



A LITTLE INFORMATION ABOUT SPECIAL GUESTS

Jose Antonio Vargas

Jose is a Pulitzer Prize-winning journalist, Emmy-nominated filmmaker, and Tony-nominated producer. A leading voice for the human rights of immigrants, he founded the non-profit media and culture organization Define American, named one of the World's Most Innovative Companies by Fast Company. His best-selling memoir, *Dear America: Notes of an Undocumented Citizen*, was published by HarperCollins in 2018. Most recently, he co-produced Heidi Schreck's acclaimed Broadway play *What the Constitution Means to Me*, which was nominated for two 2019 Tony awards, including "Best Play."

In 2011, the New York Times Magazine published a groundbreaking essay he wrote in which he revealed and chronicled his life in America as an undocumented immigrant. A year later, he appeared on the cover of TIME magazine worldwide with fellow undocumented immigrants as part of a follow-up cover story he wrote. He then produced and directed *Documented*, an autobiographical documentary feature film that aired on CNN and received a 2015 NAACP Image Award nomination for Outstanding Documentary. Also, in 2015, MTV aired *White People*, an Emmy-nominated television special he produced and directed on what it means to be young and white in a demographically-changing America. Among accolades he has received are the Freedom to Write Award from PEN Center USA and honorary degrees from Emerson College, Colby College, and the John Jay College of Criminal Justice. Passionate about the role of arts in society and promoting equity in education, he serves on the advisory board of TheDream.US, a scholarship fund for undocumented immigrant students.

A product of the San Francisco Bay Area, he is a proud graduate of San Francisco State University ('04), where he was named Alumnus of the Year in 2012, and Mountain View High School ('00). An elementary school named after Vargas opened in his hometown of Mountain View, California in August 2019.

Christina E. Fontenelle

Christina is a tri-lingual Afro-Latina Artist that focuses in psychotherapy and works from an Expressive Arts multi-modal approach specializing in Art & Dance/Movement Therapy. She is also the author of *Aligning Your Inner Self Meditation Journal*. She attained her Masters of Arts in Art Therapy from the School of the Art Institute of Chicago (SAIC) known as one of the most influential programs in North America and internationally. Christina also graduated from 92Y Harkness Dance Center's Alternate Route Dance/Movement Therapy program in New York. Christina is the Founder & CEO of Fontenelle Art LLC, a Mental Health & Creative Arts Wellness company that aims to serve communities by providing **Art & Movement-based** approaches to professional development, mental health awareness, and community cohesion to help you **Align Your Inner Self**.